



Parks & Recreation
CITY OF TAMPA

PARENT GUIDE

2020 SUMMER CAMP

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Fair Oaks Community Center
5019 N. 34th St.
231-5277
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Temple Crest Community Center
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Benito PAC
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Willetta Glenn, 392-8407

Copeland Community Center
11001 N. 15th St.
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Rowlett Activity Center (The RAC)
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Springhill Park
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Harold Hart, 478-4454

George Bartholomew
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Kathryn Malone Center
5202 N. 12th St.
Robert Dell, 344-6312

Gwen Miller PAC
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Williams Park Community Center
4362 E. Osborne Ave.
635-3482
Earline Newman, 758-5607

Cyrus Greene Community Center
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242-5350
Lalita Lovett, 376-3429

Oak Park Community Center
5300 E. 14th Ave.
622-1904
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Ragan Center
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Desoto Park PAC
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Henry & Ola PAC
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Marlon Monroe, 267-1860

Dr. MLK Complex
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259-1667
Marlon Monroe, 267-1860

DI Summer Program @ Freedman
Tennis Complex
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Kid Mason Community Center
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274-8366
Fred Spencer, 613-4702

Loretta Ingraham Community
Center
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Friendship Park
4124 Bay to Bay Blvd.
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Rey Park PAC
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Patty Martin, 344-7768

Wellswood PAC
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Kate Jackson
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Kwane Doster Community Center
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Our MISSION is to preserve and provide quality parks and recreation opportunities for all. Our VISION is a quality park system that meets the community's need for recreation and learning opportunities to benefit health and well-being.

Dear Parents/Guardians/Campers,

In these unprecedented times, we recognize that summer camp will be more important than ever. Rest assured, new operational procedures will be put in place that adhere to guidelines of the CDC, local and state health departments. It is our goal to maintain a safe and healthy environment while continuing to create memories that will last a lifetime. The Parent Guide is a helpful tool that illustrates new safety protocol, cleaning/sanitizing details, camper needs, and other policies. One of the operational changes planned for this summer will be in our check-in process to include temperature checks, and to limit outside exposure to our camp environment.

Camp will look and feel a little different this year. Our world looks different. Even with all these differences, we will continue to create experiences and know that your camper enjoy it. We care for you and your families and are planning on having another incredible summer. You will find all new information available on our website at www.tampagov.net/parks We are available Monday to Friday from 8:30 a.m. to 4:00 p.m. EST at 813-274-5132 to handle your questions.

We look forward to a safe and healthy summer,

City of Tampa Recreation Team

Please note that the COVID – 19 rules and procedures will take precedent over our regular rules and procedures and all are subject to change.

PROGRAM REGISTRATION

Registration is done online and our RecTrac system will conduct a lottery for certain camps. Go to www.tampagov.net/parks for details and registration dates. *Registration is open to participants who are 5 years old by Sept 1, 2019 up to 12 year olds. There will be no TLC camp or Leaders In Training this year. Please make sure to sign 2 waivers and acknowledgement of Parent Guide.*

NO-SHOW & ATTENDANCE POLICY

Summer Camp No-Show Policy

If your child (ren) are signed up for a Summer Camp and are not able to attend. Please let the **Supervisor** of the facility know prior to the camp so that we may remove your child and allow those on the waitlist to attend camp.

Summer Camp Attendance Policy

We have a 2 day per week attendance policy. Participants must attend the program at least 2 days a week for 1 hour a day. Please see Code of Conduct section for more details.

The only exception to these rules is if you communicate with the **Supervisor** that your child (ren) will not be attending the program, (i.e. Family vacation, illness, injury, out of town tournaments, etc.). Only then, the absences will be excused and will not be subject to the attendance policy. Please see Code of Conduct for excessive absences.

GENERAL INFORMATION

Clothing

Please dress your child(ren) appropriately for both indoor and outdoor activities in comfortable, properly fitting, weather appropriate shorts/pants, shirt, and properly fitted shoes.

Clothing may not expose the torso or the midriff (front, back, or sides). Undergarments shall not be visible. If it is necessary that girls wear dresses, we highly recommend that shorts or leotards should be worn under the dress for modesty during recreational activities. Child(ren) must wear closed toe shoes that are suitable for outdoor play.

Garments and/or jewelry which display or suggest sexual, vulgar, drug, gang, weapons, or alcohol-related wording or graphics, or which provoke or may tend to provoke violence or disruption, shall not be worn. Failure to comply may cause staff to contact you and your child(ren) may be sent home from the program.

All clothing, towels, lunch boxes, back packs and any other personal items should be labeled with your child's name and stored separately. It is also recommended that your child(ren) apply waterproof sunscreen (SPF with at least 30 is recommended) before coming to the program.

Emergency Situation/Evacuation Procedures

Staff's primary role is to protect the participants. In the event of an immediate area threat (i.e. bomb threat, fire, flood, other major building problem, etc.) the participants, staff, and other occupants will follow the evacuation plan. If there is a more widespread threat such as a chemical spill or widespread fire, it may be necessary to transport children by city vehicle further away from the building. Once everyone's safety has been asserted, you will be contacted immediately to notify you of the incident.

Illness

Sick children should not be brought to the program site. Children's temperatures will be taken daily. If your child becomes ill during the day, the parent/guardian will be notified. When the illness involves a fever, vomiting, rash, or contagious condition your child must be picked up immediately. If the parent/guardian cannot be reached, the next authorized person listed will be contacted.

Children sent home due to illness, fever or a contagious condition will not be allowed to return for a minimum of 72 hours or until on site staff verifies the situation has been resolved. The parent/guardian may be required to provide documentation from a licensed physician. The Parks and Recreation Department follows the policies and procedures of the Hillsborough County School Board regarding communicable diseases. (See COVID-19 Section for more details).

Medical Emergencies

It is the parent/guardian's responsibility to keep emergency information and contact data up to date. Staff members are trained in basic First Aid/CPR/AED. A first aid kit is located at all sites. Minor first aid treatment will be given by on site staff, an incident report will be completed, and the parent/guardian will be notified.

In the event of a medical emergency, the Parks and Recreation Department's policy is to immediately call 911. The staff will contact the parent/guardian or the emergency person(s) designated if the parent/guardian cannot be reached. The parent/guardian is responsible for payment of medical services required for your child. It is strongly recommended that emergency contacts listed be no more than ½ hour away from the site.

Medication

Whenever possible, medication (including prescription, over-the-counter, vitamins, and special diet) schedules should be arranged so all medication is given at home. However, we understand that circumstances will arise which requires a child to bring their medication to the program. Parents/guardians and participants must abide by the following mandatory policy:

1. A Participant Medication Form must be completed and on file.
2. Prescriptions, over-the-counter medications, vitamins, and special diets must be in the original container with the physician's name, the child's name, name of the medication, time medication is to be taken, and required dosage. No outdated medication will be accepted by staff.
3. If the medication requires equipment for administering (spoon, cup, or dropper) the parent/guardian is responsible for providing it to their child.
4. Medications will not be kept at program sites overnight.
5. Any medication administration required for longer than 10 days and for any "as needed" emergency medication, such as inhalers, Benadryl, etc., is required to have a physician's signature on the Participant Medication Form.

Personal Items

We request that participants do not bring personal belongings to the site. Electronic devices (cell phones, earbuds, Bluetooth, electronic games, iPads etc.) are not allowed during program hours and it is recommended that they not be brought to the sites. The City of Tampa is not responsible for lost or damaged personal property. Only bring essential items.

Phone/Electronic Device Usage

Parks and Recreation Department facility phones are for business use only. Children will only be allowed to use the phone in an emergency situation. As your child's safety is our first priority, staff may not always be available to receive calls; however, staff will relay messages to children as time permits.

Severe Weather

Staff will take immediate action if there is severe weather just prior to or during hours of operation for the protection of all participants and patrons.

Sign In/Sign Out Policy

Sign In is daily from 7:30 a.m. to 9:00 a.m. Parents will follow posted signs at the facility on how to enter the car line. Once parent arrives at drop off point, parent remains in the car and child exits the vehicle. The child will then go to temperature check point. Once cleared by staff who is wearing proper PPE, parent can then follow signs to exit. After child's temperature check is normal, the child can enter the camp after using hand sanitizer. If child has a fever, we will recheck temperature. If it still says fever, the child must return home with the parent/guardian. Follow illness section for return date. Must notify facility if dropping off after 9:00 a.m. Unexcused tardiness will follow our Code of Conduct consequences.

Walk up parent/guardian must walk up with the child from 7:30 a.m. to 9:00 p.m. and go to temperature taking area to have the child's temperature taken. The parent/guardian must follow 6' social distancing. No child may walk up without a parent/guardian.

Sign out is daily from 4:00 p.m. to 5:30 p.m. Late pick up will follow our Code of Conduct consequences. Parent/guardian will follow posted signs at the facility on how to enter car line. Once parent/guardian arrives at pick up point, parent/guardian remains in the car. Staff will see the displayed name tag and use the two-way radio to bring child out. The parent/guardian will follow the signs to exit.

Walk up parent/guardian will come to pick up point. No child may walk home without a parent/guardian. Please call site for early pick up.

Supervision

Tampa Parks and Recreation staff will be supervising your children. Staff to child ratio will be 1 to 9.

Staff will keep parents informed about upcoming events, special announcements, accomplishments, accidents, and incidents. Any discipline problems will be brought to the parent's attention and documented. Parent meetings will be done by conference calls

Games

Any and all games must adhere to social distancing guidelines for children and employees. When playing games, equipment will be sanitized before, periodically during, and after. Games that adhere to social distancing include, but are not limited to the following:

- Team Charades
- Giant Jenga
- Kickball
- Team Trivia
- Soccer
- Relay Races
- Dance Battles
- Freeze Games
- Zoo Keeper
- Smash Ball
- Simon Says
- Pictionary

Suspected Child Abuse

Parks and Recreation Department staff is legally required to report questionable bruises or marks that are repetitious and obvious to the staff. Likewise, should a child indicate to a staff member that abuse of any kind is happening to them, it is our obligation to report the discussion to the Department of Children and Families.

Transportation

Parents/guardians must make their own transportation arrangements to and from our programs. The city assumes no responsibility for transportation to and from our programs.

Staff is never allowed, under any circumstances, to transport participants in their personal vehicles. When transporting participants, seat belts will be worn at all times by staff and passengers, as is required by law.

COMMUNICATION

Parents/Guardians must inform the staff when:

1. Household contact information should be updated (i.e. change in phone #, e-mail, address, emergency contact, etc.)
2. Someone other than those listed on your child's registration will be picking up your child. This information must be in writing and the designee will be asked to show valid identification.
3. Your child cannot be picked up on time or your child will be late.

On site staff would appreciate notification concerning any change in your child's life that may alter his/her attitude or behavior, or cause emotional upset (i.e. divorce, loss of a pet, death in the family).

Parents/Guardians will be notified when:

1. Your child is injured or ill.
2. Your child is having disciplinary issues.

Keeping open communication between parents/guardians and staff is key to the success of the program!

CODE OF CONDUCT

The Parks and Recreation Department strives to provide a welcoming, safe, supportive and enjoyable environment for program participants. We believe that all individuals have the right to be treated with dignity and respect regardless of abilities or limitations. Therefore, our programs focus on positive attention toward well-behaved participants with the use of incentives, along with positive reinforcement from the parents/guardians. However, there are also consequences for participants who do not follow the rules and guidelines designated for their safety and welfare.

The Code of Conduct consists of disciplinary guidelines set up to help the Parks and Recreation Department staff insure a safe and productive environment for all of our participants. All participants are responsible for understanding and adhering to these guidelines and are expected to follow the rules. Parents/Guardians are responsible for helping their child(ren) understand and abide by these guidelines and for recognizing that unacceptable behavior shall be subject to disciplinary action as listed below.

Staff will review each case on an individual basis and all available facts will be considered. All suspensions must include proper notification to parents/guardians and shall take place as soon as possible.

LEVEL I - The types of unacceptable behavior include, but are not limited to:

- Being in the office or building without permission.
- Engaging in horseplay, pushing others, or any other unwanted physical contact as determined by staff.
- Not following social distancing guidelines
- Using other camper's supplies
- Misuse of any equipment.
- Running in buildings, on bleachers, or under shelters.
- Sitting on tables.
- Wandering from groups, activities, or being in areas not properly supervised.
- Disrupting classes in session.
- Unauthorized phone usage.
- Climbing in trees, on fences, or boundary walls.
- Throwing any type of object.
- Refusing to follow directions.
- Violating a safety rule or practice.
- Cursing or using foul language.
- Being disrespectful.
- Tardiness
- Absences
- Late pick-ups/early drop off

LEVEL I CONSEQUENCES

FIRST OFFENSE	verbal counseling with participant
SECOND OFFENSE	time out from activities and notify parents in writing via email or text
THIRD OFFENSE	parent/guardian conference required; possible suspension
FOURTH OFFENSE	may be a week suspension

LEVEL II – The types of unacceptable behavior include, but are not limited to:

- Repeat offenses of Level I unacceptable behavior.
- Using abusive language.
- Minor vandalism as determined by staff.
- Climbing on building.
- Engaging in consensual intimate physical conduct.
- Possession or use of tobacco products.
- Throwing any type of object.

LEVEL II CONSEQUENCES (and repeat offenses of Level I)

FIRST OFFENSE	parent/guardian conference required
SECOND OFFENSE	one-day suspension from program
THIRD OFFENSE	three-day suspension from program
FOURTH OFFENSE	may result in immediate dismissal from the program

LEVEL III – The types of unacceptable behavior include, but are not limited to:

- Repeat offenses of Level II unacceptable behavior.
- Theft or removal of city property without proper authorization.
- Possession or use of drugs/narcotics, alcohol, or possession of such paraphernalia.
- Being under the influence of drugs/narcotics or alcohol.
- Unauthorized possession of a fire arm, explosives, weapons, or dangerous instruments as determined by staff.
- Deliberately stealing, misusing, destroying, excessive vandalism, destruction of city property, or damaging other's property.
- Indecent exposure.
- Engaging in non-consensual intimate physical conduct.
- Exhibiting threatening or intimidating behavior.
- Provoking, instigating a fight, or fighting at any time.
- Bullying.
- Deliberately spitting on and/or biting another individual.
- Leaving the area without permission.

LEVEL III CONSEQUENCES (and repeat offenses of Level II)

Any violation may result in an immediate dismissal/suspension from all Parks and Recreation Department programs for a duration to be determined by the Parks and Recreation Director or designee. Also, no refunds will be given. Additionally, law enforcement may be contacted. The city will pursue all appropriate remedies for any and all damages to city owned property, facilities, and equipment.

If your child is a victim of unacceptable behavior, we encourage them to discuss the issue with an on-site staff member they are comfortable with, so that the situation can be handled appropriately. However, in the event your child notifies you, please bring it to the attention of the on-site staff again, so that the situation can be handled appropriately.

Breakfast/Lunch

During the summer program, a well-balanced breakfast and lunch are provided by the federal government at most traditional Summer Day Camp. These lunches and breakfasts must be eaten on the premises.

At sites that do not have a federal food program **or** if your child chooses not to participate, you must provide their lunch. We recommend you pack snacks with sealed containers that are clearly labeled with your child's name and date, and that does not require refrigeration or heating. Please keep in mind that no glass items are allowed.

COVID-19

The health and well-being of our families and staff are our highest priorities. In the interest of limiting the opportunity for transmission to our vulnerable community, we are taking the following precautionary measures:

Your child must remain out of the center if any member of your household has (or has been in close contact with anyone who has):

- A suspected or confirmed case of COVID-19 (for example – close contact at school, work, religious service, social gathering).
- Traveled internationally or domestically from any area which is the subject of travel restrictions under applicable state and local guidance. Fourteen days after the last potential exposure, your household may return provided these three things have happened:
 - At least 14 days have passed since any household member first experienced symptoms; and
 - Symptoms have improved for any household member that experienced symptoms (for example, cough or shortness of breath has improved); and
 - The household has been fever-free for at least 72 hours without the use of fever-reducing medicines.

Please note, depending on the circumstances we may require you to obtain medical clearance before return to the recreation center.

HOUSEHOLD MEMBERS: include individuals who may not live in the household but may be staying there or are otherwise present in the household on a regular basis (e.g. nannies, caregivers, home health workers, contractors, etc.) and includes anyone with pick up or drop off privileges at the center.

CLOSE CONTACT: is defined by the CDC as (1) being within approximately 6 feet (2 meters) of a COVID-19 case for a prolonged period of time and can occur while caring for, living with, visiting, or sharing a health care waiting area or room with a COVID-19 case, or (2) having direct contact with infectious secretions of a COVID-19 case (e.g., being coughed on). Considerations when assessing close contact include the duration of exposure and the clinical symptoms of the person with COVID-19.

FOR MEDICAL PROFESSIONALS: If contact occurs while wearing recommended personal protective equipment or PPE (e.g., gowns, gloves, NIOSH-certified disposable N95 respirator, eye protection), that contact will NOT be considered close contact for purposes of this policy.

Health Check and Illness Policy: COVID-19

Applies to staff and children, which states in part:

ALL STAFF and CHILDREN MUST CONDUCT A DAILY HEALTH CHECK BEFORE COMING TO THE CENTER.

- Should you or any household member have any of the following symptoms, we ask you to remain out that day and notify the center.
 - Fever of 100.4 F or higher, now or in the preceding 72 hours
 - Cough
 - Sore Throat
 - Muscle Aches
 - Difficulty Breathing
- Consistent with our COVID-19 Policy, the household will be required to remain out of the center for 14 days unless medical clearance is provided by a physician indicating that the presenting symptoms are associated with a known non-COVID-19 illness. The physician's note must not be from a family member.
- If child becomes sick during camp hours. Exclusion from the center is sometimes necessary to reduce the transmission of illness. For your child's comfort, and to reduce the risk of contagion, we ask that children be picked up within 1 hour of notification. Until then, your child will be kept comfortable and will continue to be observed for symptoms.
- Please review CDC Guidelines for children with asthma and immune deficiency disorders.

Summary of Enhanced Protocols-Centers

We are continually updating our processes and protocols in accordance with the most recent Centers for Disease Control and Prevention (CDC) guidance and the guidance of state, local health officials. We are encouraging our centers to maintain small group sizes and practice social distancing to the best of our ability, given the ever-changing circumstances and variation in guidance across states and localities. Please see CDC Guidelines for more details: <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-child-care/summer-camps.html>

At your center, you will notice:

- Daily Health Check for Staff and children required before coming to the center.
- Nonessential visitors are not allowed into the center.
- Drop-offs/pick-ups outside
- Cloth face coverings/masks worn by staff, as recommended by the CDC. Cloth face masks may be worn by children; Yowie provided.
- Hygiene/handwashing emphasized daily in the center and the classrooms.
- Reduced class sizes, as determined by local guidance, in consistent groupings with consistent staffing as possible. 1-9 ratios to keep groups of 10 or less
- Social distancing being practiced as much as possible, including at meals
- Frequent cleaning and disinfecting of high touch surfaces, toys, supplies and restrooms.
- Rotations: Groups will rotate between classrooms and staff will disinfect, sanitize in between.

How to Protect Yourself/Your Household

Please see the CDC guidelines for current guidance on best practices for protecting yourself and your household during this pandemic: <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html>

Cloth Face Covering: We recommend that all caregivers and families be familiar with the CDC's recommendations around cloth face coverings available [<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>]. The CDC generally recommends individuals wearing cloth face coverings to protect people around the wearer of the cloth face mask, in the event the wearer is infected but not symptomatic, to reduce the spread of COVID-19. Note: Cloth face coverings are NOT a substitute for social distancing, hand washing or other everyday preventative actions.

Health and Hygiene Practices

Our regular health and hygiene practices provide some of the best defenses against the spread of most contagious illnesses. In addition to regular and thorough cleaning of classrooms, surfaces, supplies and games, we teach children good hand-washing practices and ensure that children and staff take important precautions against the spread of germs.

You can work with your children to practice some of these same steps at home:

- Wash hands often with soap and water – [use this step-by-step guide to help](#)
- Sneeze or cough into your elbow; or cover mouth and nose with a tissue before sneezing or coughing, then immediately discard the tissue. [Print out this handy visual to show children how.](#)
- Avoid touching eyes, nose, and mouth with unwashed hands
- Avoid hugging, shaking hands, sharing supplies and sharing cups or food.
- Disinfect frequently touched surfaces, especially if someone is sick

Quarantine and Medications

In the best interest of all, we ask that you not bring a child to camp, if there are signs of fever or illness. Please be prepared to take the child(ren) back home if the temperature exceeds CDC recommendations at the time of check-in. If the camp staff notices signs of illness, such as sleepiness, overly tired, extreme irritability, and or fever, you or someone on your call list will be contacted immediately to pick the child up. The child will be held in a secure and sanitary quarantined area, with quiet games and activities until he/she is picked up. We will ask that you do not bring the child back to the camp site until they have been approved to return by a medical doctor. We will follow rules for medication as stated in the main guide. Child must be picked up immediately. We appreciate your attention to these important guidelines.

Healthy Hand Hygiene Behavior

All children, staff, and volunteers should engage in hand hygiene at the following times:

- Arrival to the facility and after breaks
- Before and after preparing food or drinks
- Before and after eating or handling food, or feeding children
- Before and after administering medication or medical ointment
- After using the toilet or helping a child use the bathroom
- After coming in contact with bodily fluid
- After playing outdoors or in sand
- After handling garbage

Wash hands with soap and water for at least 20 seconds. Alcohol-based hand sanitizers with at least 60% alcohol can be used if soap and water are not readily available.

Supervise children when they use hand sanitizer to prevent ingestion.

- Assist children with handwashing.
- After assisting children with handwashing, staff should also wash their hands

Clean and Disinfect

- Staff will follow schedule for ongoing cleaning and sanitizing.
- Staff will routinely clean, sanitize, and disinfect surfaces and objects that are frequently touched, especially toys and games. This may also include cleaning objects/surfaces not ordinarily cleaned daily such as doorknobs, light switches, classroom sink handles, countertops, desks, chairs, cubbies, and playground structures. Use the cleaners typically used at your facility.
- Thirty minutes prior to allowing the children to use the playground, employees will spray the disinfectant on all playground equipment and allow it to dry. Once the children have finished using the playground, employee will spray the disinfectant on all playground and park equipment again.
- Use all cleaning products according to the directions on the label. For disinfection, most common EPA-registered, fragrance-free household disinfectants should be effective
- Custodian will clean site two times a day in addition to ongoing cleanings.
- All cleaning materials will be kept secure and out of reach of children.
 - Cleaning products should not be used near children, and staff should ensure that there is adequate ventilation when using these products to prevent children from inhaling toxic fumes.
- Toys that cannot be cleaned and sanitized should not be used. Cleaning
- All campers and staff will wash their hands every 60 minutes and follow other proper hygiene methods like using hand sanitizer
- There will be outdoor handwashing stations at each facility
- Door handles and other touch points will be sanitized ongoing daily. Door will be propped open when they can
- Restrooms will be cleaned by staff 3 times a day
- Equipment will be disinfected after every use
- Tables/seats will be assigned but cleaned 2 times a day
- Thermometers will be disinfected after every use
- Playgrounds will be sanitized after group use
- Classrooms will be sanitized before next group arrives
- Water fountains will not be operations, must use City water bottle or bring your own
- All recreation center spaces will be deep cleaned at night by a contracted company
- **Camp essentials:** Each camper will be outfitted with their own personal supply of items that will be needed for a fun filled day. They will be given a camp bag with coloring crayons, markers, pens, pencils, and other items that they will not share with others throughout the course of the day. Campers will also receive a water bottle, which they will leave on site, at the close of daily camp. Water bottles will go home with parents each Friday to be washed and brought back on the next camp day. Please provide child with snacks, sunscreen and a towel as normally required.

Removable vinyl decals will be placed on the floor following social distancing requirements. When the child enters the room he/she will sit on an available dot. Once morning time is up the children will break up into their groups. Each coach will collect their group and enter their first rotation. Groups will stay together each day and will rotate to each room or activity together.

Rooms will have tables set up with chairs spaces 6 feet apart or will use the removable vinyl decals placed on the floor depending on what the coach has planned. Sanitizer stations will be placed at the entrance of the rooms for each child to use when entering and exiting the room.

Camper Rules

- Follow 6' social distancing guidelines
- Hand sanitize prior to entering building and follow coaches guidelines for use during the day
- Wash hands following coaches' guidelines, after restroom, before meals and returning from playing outside
- No sharing of games or supplies
- If camper doesn't feel well, let coach know
- No games, phones or tablets brought from home
- Bring snacks, towels and bathing suits if applicable, sunscreen and drinks
- No hand shaking, high fives, etc. use hand waves instead
- Listening to coaches is always important, but this summer it is imperative for the safety of yourself and others
- Follow instructions at drop off on getting temperatures taken
- Keep up with your water bottle and supplies
- Sit at assigned areas for breakfast, lunch and snack.