

# Coloring & Activity Sheets

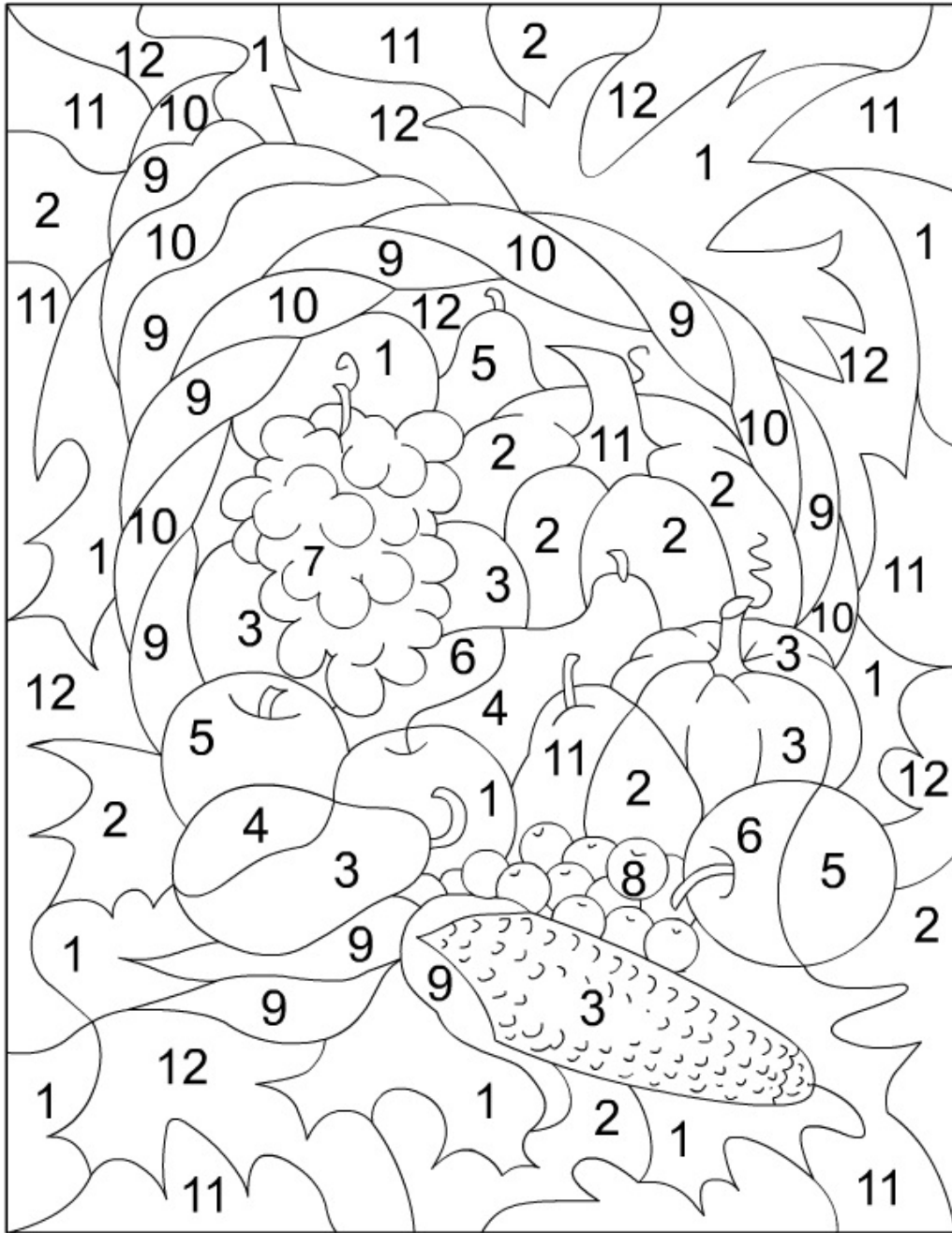
## Grades K-2





### Cornucopia Color-by-Number

Can you name the fruits and vegetables in the picture below? If so, write them down on the right side of the page!





## Fresh in a Jar

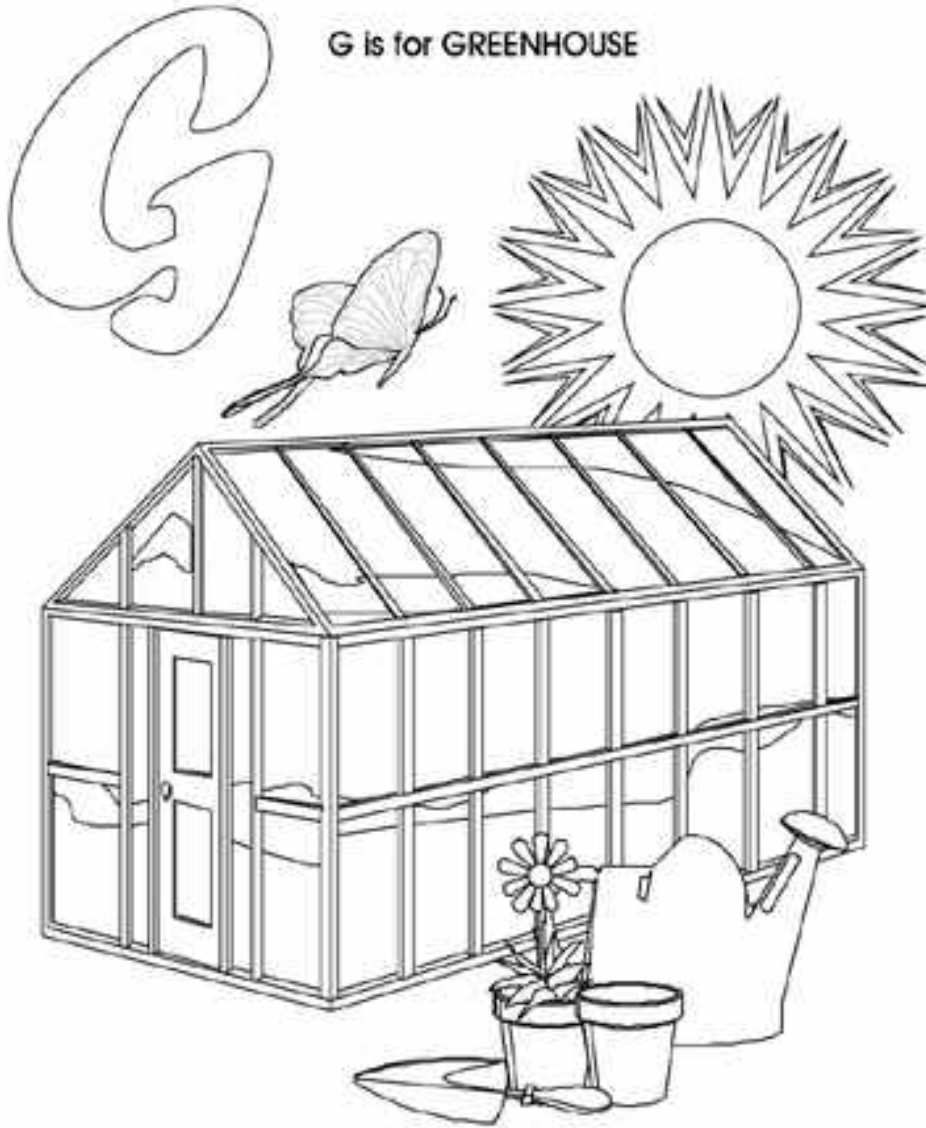
Remember that if you cannot find fresh locally grown produce in your area this fall and winter, look for those fruits and vegetables in a jar! Some indoor farmers markets will sell canned produce (actually in a jar like the one on this page, not in a can like you buy at the grocery store). Or maybe you “canned” your own produce in a jar this summer! In the jar below, draw or write the names of some of your favorite fruits/vegetables that you would like to find in a jar so you could enjoy them all winter long!





### Greenhouse Coloring

During the winter, some people grow fruits and vegetables in greenhouses so they can have fresh produce during the cold time! What would you grow in a greenhouse? Talk about this as a group!



### Healthy Cornucopia

Complete the activity below. Then, as a group, name the healthy foods and the unhealthy ones. Which foods can you grow in a garden?

Healthy Foods enter Cornucopia - Thanksgiving Fun Nutrition Activity and Coloring Sheet

All the healthy foods are getting ready for Thanksgiving as they enter the cornucopia! But four foods that don't have any nutrition are trying to sneak in! Can you find them and cross them out. Then color the picture!



Visit us for more [free kids holiday printables](http://www.ChefSolus.com) and [healthy classroom worksheets](http://www.ChefSolus.com) [www.ChefSolus.com](http://www.ChefSolus.com) free nutrition games, [interactive puzzles](http://www.ChefSolus.com) and [healthy food printables!](http://www.ChefSolus.com) Copyright © Nourish Interactive, All Rights Reserved





**Indoor Farmers Market!**  
Where can you find fresh produce in winter? At an Indoor Farmers Market!



### Plate Full of Thanks

Write on each fruit/vegetable something you are thankful for. Can you name each fruit/vegetable you wrote on?



Chef Solus' A Plate Full of Thanks



Visit [www.ChefSolus.com](http://www.ChefSolus.com) for free printable worksheets for kids, nutrition education games, puzzles, activities and more!  
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### Thanksgiving Veggies

Many people have their own Thanksgiving traditions, including the foods that they eat each Thanksgiving! In the charts below are some of the most common vegetables eaten during this holiday. Complete the first chart by asking friends to pick ONE favorite vegetable they might eat at Thanksgiving. Then fill in the second chart (page 2) by asking friends which Thanksgiving vegetables they have grown (or helped to grow) in a home or community garden. Which ones are the most popular and have been grown the most often? Make a chart to track the numbers! And, consider trying to grow a few vegetables next year for your Thanksgiving dinner table!

### What is your favorite vegetable for Thanksgiving?

Ask your friends what their favorite vegetable is for Thanksgiving dinner. Then X off or color in their answer on the graph to see what the most popular vegetable is for Thanksgiving dinner.







Vegetables	green beans	sweet potatoes	corn	carrots	squash	potatoes
Number of People Who Like this Vegetable						
1						
2						
3						
4						
5						
6						
7						

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# HAVE YOU GROWN ANY OF THESE THANKSGIVING VEGETABLES?

Vegetables	green beans	sweet potatoes	corn	carrots	squash	potatoes
1						
2						
3						
4						
5						
6						
7						

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Adapted from:

<http://www.loving2learn.com/Activities/Thanksgiving/ThanksgivingMathActivities/GraphingandTallyingCharts.aspx>