

HEALTHY AGING IN PARKS & RECREATION



9 IN 10 PARK AND RECREATION AGENCIES

DEDICATE FACILITIES, ACTIVITIES AND PROGRAMMING TO OLDER ADULTS

MOST COMMON PARK AND RECREATION
OFFERINGS TO OLDER ADULTS:



91%
EXERCISE
CLASSES



58%
OPPORTUNITIES TO VOLUNTEER
IN RECREATION CENTERS



70%
FIELD TRIPS,
TOURS, VACATIONS



58%
EVENTS & FESTIVALS
FOR OLDER ADULTS



67%
ARTS & CRAFTS
CLASSES

76%
OF AGENCIES

offer one or more evidence-based
programs to older adults

63%
OF AGENCIES

identified **Area Agencies on Aging**
as their most common partner in efforts
to deliver services to older adults

44%
OF AGENCIES

target adults **as young as 50 years old**
for their older adults offerings

71%
OF AGENCIES

characterize themselves as **the leader**
or one of the leaders providing services
and programming for older adults



NRPA National Recreation
and Park Association

Because everyone deserves a park

www.nrpa.org

© 2017 National Recreation and Park Association